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PET/CT Scan Preparation

1. Refrain from eating or drinking at least 4 hours prior to your scan, with the exception of plain water (no flavored waters). Also restrict your caffeine intake 24 hours prior to your exam. IF (and ONLY IF) you are a Cardiac PET Patient, you may eat a light meal 4 hours prior.
2. If your appointment is in the afternoon, you may eat a light meal 4 hours prior to your appointment time.
3. Bring your most recent PET scan, CT scan, MRI, Bone scan films and/or Biopsy Reports, along with any other recent studies. Any films that you bring with you will be returned to you as soon as possible.
4. If you are unable to keep your appointment, please notify us as soon as possible.
5. Dress in warm, comfortable clothing. Our scanner room tends to be quite cool in order to maintain proper equipment operating temperature.
6. You will be asked to remain on the scan table for approximately 30 minutes. If you feel this may be a problem, please feel free to contact us prior to your appointment date so that we may discuss this.
7. **Allow approximately two hours total to complete the study.** This will allow time for forms to be reviewed and/or filled out, almost an hour for the uptake of the injected radiopharmaceutical, and approximately 30 minutes on the scan table.
8. On the day of your exam, take your pill medications with water only.
9. If you are a diabetic, it is imperative that you call the Center for further instructions.